

# No Limits 2024

Hosted by  
APC Prosthetics

## Speakers and Presenter List

Our insightful presenters are classified by one of four colour coded locations. Refer to the Event Program for timings.



**Keynote Presentation: Making Every Step Count at 1:45pm**

Don't miss Paralympic medalist Don Elgin, motivational speaker, author, husband, and proud dad of four. He's also an ordinary bloke who's achieved some extraordinary things through hard work, grit and determination.

### APC PROSTHETICS (RED AREA)

Hear from prosthetists and expert staff as they share insights on how to properly care for your residual limb and prosthesis. Our team will help you understand your equipment and accessories better and share how to express your style through prosthetic design. We will also provide tips and tricks for navigating the NDIS!

Representing APC Prosthetics, **Alex Grieve, Heath Mitchell, Sarah Brailey, David Thomas, Stefan Laux, Paris Pickering, Del Wilson and Marta Geada**, all sharing their expert tips and are ready to answer your questions and help you plan your day!

### INDUSTRY PARTNERS (BLUE AREA)

APC Prosthetics collaborates closely with industry partners who are here to share their knowledge and support for you to better understand what components are on your prosthesis.

Amy Lawless of Ottobock presents 'Advanced Outcomes: A Walk Through Microprocessor Knee Technology'



**ottobock.**

Rob Hodgson of Össur presents 'Prosthetic Feet Solutions'



**ÖSSUR**

Kris Carroll and Michael Kerr of OPC Health present 'Upper Limbs for All'



Bill Marmaras of Massons presents 'Prosthetic Liner Sockets Interface and 3D Printed Socket Technology'



Atiya Oomatia and Warrick Heald of Osseointegration International present 'Empowering Amputees - An Introduction to Osseointegration'



Professor Al Muderis of Osseointegration International presents 'Empowering Amputees - From the Leading Osseointegration Pioneer'



Darrel Sparke of Amputees NSW presents 'Community and Lived Experience'



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## AMBASSADORS (YELLOW AREA)

Be empowered by others' stories, as they share their journey as prosthetic users.

Hear from **Emilee Pratt**, a 15-year-old through-knee amputee, independent and determined, with a passion for swimming and Paralympic hopeful. **'Embracing My Disability'**



Meet **Nathan Diab** who became a below-knee amputee after a motorbike accident in 2018. Despite this, he excels in kickboxing, boxing, and weight training. **'Embrace Change After Amputation'**



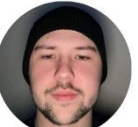
Have a yarn with **Robert Paino**, an above-knee amputee since age 16 due to bone cancer. Robert worked for 30 years as a community services chaplain before retiring. **'Journey of Life as an Amputee'**



Don't miss **Stephanie Rodriguez**, entrepreneur, TEDx speaker, and bilateral Osseointegrated below-knee amputee. Stephanie survived cerebral malaria and severe septic shock in 2019. Today, Stephanie is a Paralympic hopeful para fencer! **'From Paralysis to Para-Athlete: Why Mindset Matters Most'**



Meet **Taitum Brown**, a 21-year-old who became a below-knee amputee after being hit by a car. Taitum plays representative wheelchair basketball. **'My Adaptation to Amputation'**



## WELLBEING (GREEN AREA)

Hear from health professionals about how they can help you improve your quality of life.

Get active with **Cathy Howells OAM**, a leading Australian **Amputee Physiotherapist** with over 30 years of experience. Awarded the Order of Australia Medal in 2013 for her contributions to physiotherapy and disability services. **'Be Your best: Exercise Essentials for all Amputees'**



Connect with **Dr Chris Basten**, a **Clinical Psychologist** with an interest in post-traumatic stress and rehabilitation. **'The Psychology of Adapting to Unwanted Limb Changes –Lessons from Lived Experience and Cognitive Science'**



Discover expert tips with **Clinical Nurse Coordinator, John Sheehy** who has 29 years' experience in aged care and rehabilitation, specialising in amputee rehab and wound management. **'Wound Care and Management'**



Interact with **Ricardo Garcia Rosas** of **Virtetic** and see how they are transforming the limb loss recovery experience through game-based virtual reality interventions. **'Myo-Hand XP – Using Virtual Reality to Experience Using a Myoelectric Prosthetic Hand'**



**Bridget Dean** is a lead **Physiotherapist** of the outpatient services at MQ Health Physiotherapy in Macquarie Park. Bridget is a clinical expert in the management of back pain, amputees, and complex limb reconstruction surgeries. **'The Osseointegrated Amputee'**



While we strive to provide accurate information, please note some changes to this list may occur