

No Limits 2024

Hosted by
APC Prosthetics

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Event Program | Friday, 19th July

Make the most of your day by planning ahead. Select your sessions in advance to ensure you don't miss any topics of interest. For each time slot, pick one topic from the four available options.

Locations are colour coded for easy identification.

Example: If you choose Emilee's session at 11am, head to the YELLOW area. Find a seat and enjoy the presentation.

TIME	TOPIC DISCUSSION	PRESENTER	AREA
10:00 AM	Welcome Remarks	Michael & Don	
10:30 AM	How Is a Prosthesis Made from Start to Finish?	Alex - APC Prosthetics	Red
	Advanced Outcomes: A Walk Through Microprocessor Knee Technology	Amy - Ottobock	Blue
	Community and Lived Experience	Darrel - Amputees NSW	Yellow
	Be Your Best: Exercise Essentials for All Amputees (<i>Runs for One Hour</i>)	Cathy - Physiotherapist	Green
11:00 AM	Prosthetic Alignment: Why Does My Leg Look Like This?	Heath - APC Prosthetics	Red
	Upper Limbs for All	Kris & Michael - OPC	Blue
	Embracing My Disability	Emilee - Ambassador	Yellow
	Be Your Best: Exercise Essentials for All Amputees (<i>Continued</i>)	Cathy - Physiotherapist	Green
11:30 AM	Short Break - Tea/Coffee		
11:45 AM	Waterproof and Recreational Prostheses	Sarah - APC Prosthetics	Red
	Prosthetic Liner Socket Interface Materials and 3D Printed Socket Technology	Bill - Massons	Blue
	The Osseointegrated Amputee	Bridget - Physiotherapist	Green
12:15 PM	Empowering Amputees - An intro to Osseointegration	Atiya & Warrick - Osseointegration INTL	Red
	Prosthetic Feet Solutions	Rob - Össur ANZ	Blue
	My Adaptation to Amputation	Taitum - Ambassador	Yellow
	The Psychology of Adapting to Unwanted Limb Changes	Dr Basten - Psychologist	Green

TIME	TOPIC DISCUSSION	PRESENTER	AREA
12:45 PM	Lunch served - All Ability Sports Demonstration		
1:45 PM	Keynote Presentation: Making Every Step Count Don't miss Paralympic medalist Don Elgin, an ordinary bloke who's managed to achieve some extraordinary things through hard work, grit, and determination.	Don - Ambassador	
2:45 PM	Common Prosthetic Issues and Solutions	David - APC Prosthetics	
	Prosthetic Feet Solutions	Rob - Össur ANZ	
	From Paralysis to Para-Athlete: Why Mindset Matters Most	Stephenie - Ambassador	
	Myo-Hand XP: Using Virtual Reality to Experience Using a Myoelectric Prosthetic Hand	Ricardo - Virtetic	
3:15 PM	Upper Limb	Stefan - APC Prosthetics	
	Prosthetic Liner Socket Interface Materials and 3D Printed Socket Technology	Bill - Massons	
	Journey of Life as an Amputee	Robert - Ambassador	
	Understanding the NDIS	Del - Admin	
3:45 PM	Afternoon Tea Served		
4:15 PM	Making Your Prosthesis Unique	Paris - APC Prosthetics	
	Advanced Outcomes: A Walk Through Microprocessor Knee Technology	Amy - Ottobock	
	Questions and Answers	Emilee, Kylie, Robert - Ambassadors	
	Wound Care and Management	John - Nurse	
4:45 PM	Community and Lived Experience	Darrel - Amputees NSW	
	Upper Limbs for All	Kris & Michael - OPC	
	Be Your Best: Exercise Essentials for All Amputees (<i>Runs for One Hour</i>)	Cathy - Physiotherapist	
5:15 PM	Questions and Answers	Marta, David & Stefan - APC Prosthetics	
	Empowering Amputees - From the Leading Osseointegration Pioneer	Professor Al Muderis Osseointegration INTL	
	Embrace Change After Amputation	Nathan - Ambassador	
	Be Your Best: Exercise Essentials for All Amputees (<i>Continued</i>)	Cathy - Physiotherapist	
5:45 PM	Closing Remarks	Michael & Don	

Please note, while we strive to provide accurate information, some changes may occur.

APC Prosthetics – Alexandria

P: 02 8339 4784

F: 02 9475 0795

E: alexandria@apcprosthetics.com.au

APC Prosthetics - Central Coast

P: 02 4047 8755

F: 02 9475 0916

E: centralcoast@apcprosthetics.com.au

APC Prosthetics – Hunter

P: 02 4969 8700

F: 02 9475 0916

E: hunter@apcprosthetics.com.au

APC Prosthetics – Northmead

P: 02 9890 8123

F: 02 9475 0253

E: northmead@apcprosthetics.com.au